

Getting The Help You Need

Information & support for young Australians with complex needs; their families, carers and friends

“6,500 young people across Australia are forced to live in nursing homes because they have nowhere else to go...”

Difficulties you may be facing:

- *Discharge from hospital without suitable accommodation or support*
- *More than one disability and not sure how to navigate the system*
- *Lack of information on funding, support, aids and equipment*
- *Unsure if your current funding is right for you*
- *Accommodation or support not meeting your needs*
- *Living in isolation with little communication or access to your community, friends and family*
- *Acting as a carer without any support or ‘someone to talk to’*

Young People In Nursing Homes National Alliance works nationally across Australia.

Contact Us

info@ypinh.org.au

www.ypinh.org.au

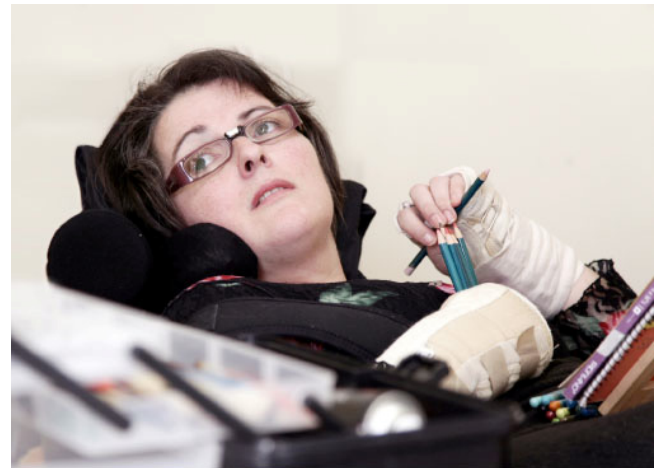
Link to us on our [Facebook](#) and [Twitter](#) pages

Who we are

The **Young People In Nursing Homes National Alliance (the Alliance)** is Australia’s first national peak body providing support to young people with high and complex needs and their families, carers and friends.

The **YPINH** group includes young Australian living in nursing homes or at risk of admission to aged care.

We work to help these young people and their families have choice in how they live.



A national organisation

The Alliance has representatives in every state and territory and a national office based in Victoria. State and territory representatives work at a local and state level to raise awareness of the issue and the need for action.

The National Office is responsible for strategic policy development and coordinates the work undertaken by state and territory representatives.

What we do

Policy work; Collaboration & Partnership

To resolve and raise awareness of this long-standing national issue, the Alliance undertakes high level policy work with governments on systemic changes needed to achieve a resolution, and supports initiatives that promote the dignity, well being and independence of our members, and their active participation in the community.

We encourage partnerships, and collaborate with all stakeholders of the issue including;

- Federal, State and Local Governments.
- Aged care, Disability, Health, Housing and Community services sectors
- Service providers
- Peak bodies
- Advocacy groups

Information

As a health promotion charity, we also provide information and referral in the following areas:

- Accommodation options
- Support services
- Aids and equipment
(including pressure care and technology)
- Access to communities
- Management of material aids programs to assist with social connection, specialised support equipment and other needs

Who are young people in nursing homes?

YPINH are largely those with acquired disabilities who have previously had an able bodied life, and may have acquired their disability from:

- A catastrophic injury from a transport accident, assault or other unpredictable health event, resulting in a spinal or brain injury
- A degenerative neurological disease such as Multiple Sclerosis, Parkinson's disease or Huntington's disease
- A congenital condition and subsequent breakdown of services and family care arrangements

These young people require service responses from not one arm of the service system but multiple arms, including health, disability and sometimes aged care amongst others.

They arrive at the door of the disability system in crisis, and require immediate and often intense responses that the service system, in it's current form, cannot deliver in a timely or effective manner.

Having an able bodied life before the injury or illness means our members have different expectations concerning service responses to those living with a congenital disability.

They expect to access the rehabilitation needed to restore health and independence; and to live in the community as other able bodied young people do.

How can we help?

YPINHna can help by providing information, assistance and referral to specialist organisations where needed.

Everyone's situation is unique, and there is no 'one size fits all' solution. If you are struggling to find information and answers, contact the Alliance to discuss your circumstances.