



My social story template

Guiding note

These social story headings can be tailored to the individual. The aim is to succinctly capture the information gathered from conversations so that it provides a comprehensive, well-rounded story.

Write the story in the person's voice and include their quotes and words where possible.

PERSONAL DETAILS			
Name:			
Date of Birth		NDIS # (if relevant)	
Preferred contact details			

Suggested Headings

- **Introduction to who I am** - *(My name, age and something to introduce who I am, where I live)*
- **About my background**
- **What I like people to know about my personality, values & culture that are important to me**
- **Activities I like that are meaningful and important**
- **What makes me feel safe**
- **Things that I don't like and people I don't like being around**
- **What makes me laugh**
- **When I am sad What makes me sad**
- **What annoys or frustrates me.**

Further information

If you'd like to discuss the approach or the information outlined in this template, or require further information or support, please contact the Alliance at info@ypinh.org.au