



## Social Story Resource

The aim of a social story is for the younger person to share information about themselves that is consistent, accurate and reflects their personality and interests. Stories can include quotes or statements by the younger person and photos of important people and events.

### Guiding note

- *Write the story in the person's voice and include their quotes and words where possible.*

*The headings can be tailored to the individual. The aim is to succinctly capture the*

- *information gathered from conversations so that it provides a comprehensive, well-rounded story.*

### Suggested Headings

- **Introduction to who I am - (My name, age and something to introduce who I am, where I live)**
- **About my background**
- **What I like people to know about my personality, values & culture that are important to me**
- **Activities I like that are meaningful and important**
- **What makes me feel safe**
- **Things that I don't like and people I don't like being around**
- **What makes me laugh**
- **When I am sad ..... What makes me sad**
- **What annoys or frustrates me**

## **Peta's Social Story**

Hi, my name is Peta and I am 46 years of age.

I was born in PilPil and lived in Treetop for most of my life.

My father bought me and my sister a pony when we lived in Treetop.

I was previously a kindergarten teacher and valued my work with young children to help them learn and contribute to the world.

I had to stop working due to my deteriorating health and at the time, a lack of support to assist me in the workplace. The loss and grief I have experienced having left work has had a big impact on my life. My identity and purpose has been eroded.

I live with a neurodegenerative condition so the assistance I need changes and I am become less independent.

I am generous, knowledgeable, and smart.

Activities I find interesting are cooking, craft, reading, writing, going out and socialising as well as movies.

My family makes me feel safe.

For me funny movies and being around upbeat people make me laugh.

I am frustrated by drama and arrogance.

I value my family, sense of humour, my independence and spending time alone to pass the day.

Culture, and opportunities to be myself are important. When I am sad I try to see the funny side of things.

I look forward to trying new things in the house which will become my home.

I have always liked meeting new people and look forward to getting to know the other residents in the new house and them becoming my friends. Spending time together and learning together are important.