



Speaking up - my preferences and choices

**A functional activity
/Task support record**



My accommodation goal: Where I want to live and be supported?

Describe what the person would like to see in their future.

ie. *"I want to stay living in my home with my friends I've known for over 40 years. I want to live here when I am old."*

(You might want to fill this question in last, as the questions below may help guide the answer.)

Comments

What matters most to me?

What is the most important thing for the person.

ie. *"being with my mum".*

Comments

How do I express myself, make requests, choices?

Describe how the person communicates.

ie. *"I am talkative and able to ask questions. I show my love and care with hugs"*

Comments

Information to know

Describe anything that is helpful to know about the person.

ie. *"I had a memory like an elephant until 2 years ago. I now have early onset dementia that affects my independence. I can't be left alone any more because of my memory and anxiety."*

Comments

Things I like and do not like

List what the person likes.

ie. activities, people, places, routine, environment, characteristics about people.

Like



List what the person doesn't like.

ie. activities, people, places, routine, environment, characteristics about people.

Don't Like



Why I live where I live

What I need for a house to be my home?

Describe what the person likes about the concept of home.

ie. *"Being with my friends, regular routine – helping around the house, having my own things, being warm and safe."*

Comments

History of where I have lived and live now

Describe the person's accommodation history.

ie. where they lived, who they lived with, what sort of support they needed, what worked well, what didn't work so well. Where do they live now?

Comments

Observations and evidence which demonstrate my preferences, choices and decisions

Describe how you know what is important to the person.

ie. *"X describes the home as her 'forever home' and that she feels safe. X is familiar with finding her way around the house and with where things are. X shows her happiness by giving hugs and kisses, she shares her concerns by asking questions. X has pictures on her wall of people she likes and shows these to visitors and new staff. When x is not comfortable she retreats to her room and stays under the doona."*

Comments

Risks & actions

Risks for where I live and want to live

Describe any risks you anticipate could occur now or in the future.

ie. "x has early onset dementia, house is a rental property" "y's house is not accessible"

Comments

Actions

Describe what action may need to be taken to address these risks.

ie. application to be made to the Office of Housing, NDIS change of circumstances to be completed to request additional supports and review housing needs"

Comments

Specialist advice and other program involvement

List specialist advice and other programs that are referred to or engaged with to be included.

ie. mental health services, geriatrician etc...

Describe what specialist support is provided, frequency of involvement and information provided to inform decision-making.



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